



THALGO  
LA BEAUTÉ MARINE

# THALGO SPA

## WELCOME



Among the dense of Lower Silesian Forests, at the meanders of the Kwisa River there is a medieval castle...  
KLICKÓW CASTLE.

It is a unique place where history and tradition come together with modernity and technology and every moment is here magical and unforgettable ...

Kliczków Castle has its own  
SPA & Wellness zone.

In Thalgo SPA, our guests will meet with a qualified and well experienced staff, world-class cosmetics equipment and an extensive offer of treatments body and face care products.

Our specialists use only branded, exclusive cosmetics, allowing for a pleasant and non-invasive way to improve beauty condition.



## Dear Guest,

For the comfort of staying in our Thalgo SPA Center we have created a behavior etiquette so that everyone our guest could feel special and the visit was associated with relaxation and rest.

1. Please book your treatments in advance at the spa reception, by phone (hotel number 705) or by e-mail: [spa@kliczkow.com.pl](mailto:spa@kliczkow.com.pl)
2. Please arrive 5 minutes before the agreed date - to complete the health questionnaires. We do this for the comfort of your health and we ensure that this information is kept confidential.
3. In case of being late, the treatment time will be shortened by the late time.
4. In the SPA treatment area, please turn off your mobile phones.
5. The resignation from the date of the treatment should be notified 4 hours before its start. No such information results in a charge of 100% of the cost of the treatment.
6. Please remove jewelry and other valuables before coming for treatment.





# THALGO SEA THERAPY®

## MICRONIZED MARINE ALGAE BODY WRAP

90 min 280 zł

Treatment based on 100% natural mask of micronized sea algae. It has a slimming, remineralizing and anti-cellulite effect.

# THALGO® RITUAL RELAXATION TREATMENTS

## INDOCEANE ALL INCLUSIVE

100 min 410 zł

A luxurious treatment full of fragrant aromas, an extraordinary journey during which your body will achieve a state of complete relaxation and relaxation:

- body peeling - a sweet and salty skin cleansing ritual
- body and face massage using elements of Indian Ayurvedic massage techniques
- body mask - regenerating and moisturizing with rice sprouts extract

## ILES PACIFIQUE RITUAL

90 min 380 zł

A ritual inviting you on a sensual journey through the Polynesian Islands, which will take you to the exotic land of relaxation.

Each of the islands is another stage of deep relaxation:

- body peeling - a trip to Tahaa Vanilla Island
- relaxing sand stamp massage from the Bora-Bora Islands, inspired by the culture of Polynesia
- illuminating oil with golden flecks - a trip to the Raiatea Holy Traditions Island

# BODY CARE ELLA BACHE®

## SUBLIM SKIN MONOI FACE-BODY TREATMENT

90 min 390 zł

A deeply relaxing ritual for the body and face, based on monoi oil, which strengthens and tones the skin, soothes and nourishes it, making it soft and velvety to the touch. The treatment invites you on a journey through subtle textures and passionate fragrances. The ritual is finished with a glove massage based on a product that produces a subtle tan effect.

# LUXURY BODY CEREMONIES WITH BODY WRAP - PURLES®

*(peeling, mask with body wrap, massage)*

120 min 310 zł

- Rejuvenating Gold and Pearls Ceremony,
- Nourishing and relaxing Chocolate Pistachio Ceremony,
- Exotic Ceremony.



# MASSAGES

*We kindly invite you to take advantage of the shared massage in treatment room for two.*

## CLASSIC MASSAGE

25 min – any part of the body – 120 zł  
50 min – full body – 190 zł  
50 min – intensive massage of the back – 170 zł

## FOOT MASSAGE WITH ELEMENTS OF REFLEXOLOGY

25 min – 110 zł

## AN EXCLUSIVE RELAXING MASSAGE WITH A HOT CANDLE

50 min – full body – 210 zł

## TEQUILA MASSAGE

*Intensive full body massage combined with Tequila tasting.*  
50 min – 210 zł

## POLYNESIAN MASSAGE OF THE WHOLE BODY WITH WARM SAND STAMPS FROM BORA BORA ISLAND®

*A fabulous, exotic massage that eliminates all tensions, restores well-being and balance throughout the body.*  
50 min – 210 zł

## PANTAI LUAR

*Indonesian massage with rice stamps.*  
50 min – full body – 200 zł

## HOT STONES MASSAGE

50 min – full body – 200 zł

## INDOCEANE MASSAGE THALGO®

*A massage inspired by Ayurveda. A proposal for stressed people in need of relaxation and improvement of well-being.*  
50 min – full body – 210 zł

## AROMATIC MASSAGE WITH HOT CHOCOLATE

50 min – 220 zł

## CHINESE CUPPING MASSAGE

*Massage stimulating blood circulation, helps to get rid of unnecessary metabolic products and toxins from the body. As a result of the acceleration of metabolism, fat tissue is reduced.*  
25 min – back – 110 zł  
40 min – stomach, thighs, buttocks – 130 zł

## MULTI FACE MASSAGE

*A highly nourishing, relaxing facial treatment, combined with a Chinese cupping massage, gua sha stones and brushes. Firming, nourishing and brightening visible after the first treatment.*  
60 min – 180 zł

## HONEY MASSAGE - ANTI-CELLULITE

*A warming and relaxing treatment that supports the body's immunity, increases skin elasticity, improves its appearance and has anti-cellulite effects. Suitable for people of all ages.*  
30 min – any part of the body – 120 zł  
50 min – full body (back, legs, neckline) – 180 zł

## HONEY MASSAGE - RELAXING

*A relaxing and soothing massage with a warming honey balm. Suitable for people of all ages.*  
30 min – any part of the body – 120 zł  
50 min – full body – 180 zł

## MADERO MASSAGE - NEW

*Colombian anti-cellulite massage. It is characterized by a holistic method of working with the body combining manual lymphatic drainage with intensive massage using special, anatomically designed wooden tools.*  
30 min – (entire legs + buttocks) – 140 zł  
6 TREATMENTS PACKAGE – 750 zł  
50 min – full body (legs, buttocks, stomach and back) – 220 zł  
6 TREATMENTS PACKAGE – 1200 zł

## FACE, NECK AND CLEAVAGE MASSAGE

30 min – 110 zł  
Massage mask – 60 zł | Ampoule massage – 50 zł

## BIOSAUNA TREATMENTS REJUVENATING

*Holistic body treatment, starting with a salt peeling in a biosauna using steam, color therapy and water massage, ending with a 20-minute massage of oil with gold particles. Designed for tired skin and skin with visible signs of aging.*  
60 min – 220 zł

## RELAXING

*A relaxing treatment for the whole body with a delicate sugar peeling in the biosauna, using aromatherapy, color therapy and water massage as well as a pleasant mist, ending with a 20-minute massage of a highly moisturizing balm. Perfect for all skin types.*  
60 min – 240 zł

## REFRESHING

*A sensory-stimulating treatment for the whole body with an energizing peeling using Scottish showers, water massage and vibrations, ending with a 20-minute massage of a nourishing balm. Designed for dry and dehydrated skin.*  
60 min – 260 zł

## THALGO PEELINGS®:

• AQUATIC • SALTFLAKE • PACIFIC  
PRICE ON THE TABLE 130 ZŁ, IN BIOSAUNA 160 ZŁ

## SUGAR PEELINGS:

PRICE ON THE TABLE 110 ZŁ, IN BIOSAUNA 140 ZŁ





# FACE TREATMENT:

## THALGO®:

### TRADITIONAL TREATMENT 50 min 190 zł

An ideal treatment for everyone, which consists of:

- cavitation peeling - exfoliating and cleansing action, suitable for all skin types,
- sonophoresis - thanks to which the active ingredients are forced into the deeper layers of the skin

*The cosmetics used in the treatment are selected individually for the type of skin.*

### COLD MARINE PROGRAM 50 min 280 zł

A treatment intended for vascular skin prone to redness, irritation and with rosacea. It ensures the sealing of blood vessels, soothes and reduces the skin's reaction to irritants.

### AQUARELLE 50 min 250 zł

An intensive moisturizing and energizing treatment for gray, tired skin in need of hydration, based on micronized algae rich in vitamins and minerals.

### HIALU PRO-COLLAGEN 60 min 310 zł

Treatment based on hyaluronic acid, precisely fills in wrinkles, reduces their number and depth. It regenerates the skin, protects against the harmful effects of free radicals, shapes the face oval and stimulates the production of collagen fibers.

### OCEAN TREATMENT FOR MEN 50 min 260 zł

An energizing and moisturizing treatment suitable for the needs of male skin. It will ensure the smoothing of the skin structure, hydration, as well as elasticity and regeneration of mechanically irritated skin during frequent shaving.

### SILICIUM LIFT FIRMING MARINE TREATMENT 90 min 380 zł

A luxurious lifting and firming treatment combined with innovative massage techniques using special Face Fitness Rollers.

Models the oval of the face, makes it more elastic, tightens, reduces wrinkles and fine lines, stimulates the production of collagen and elastin.

### LUMIERE MARINE 90 min 350 zł

A comprehensive color-evening, rejuvenating and brightening treatment. It allows you to obtain beautiful, firm, radiant skin and reduces the visibility of pigmentation spots, eliminating any type of discoloration (yellowish, gray and red skin). The secret of the treatment lies in the use of a triple exfoliation method and a unique formula of a whitening mask with vitamin C and active oxygen, thanks to which the skin becomes luminous and matte without any trace of imperfections, and discolorations are less visible.

## ELLA BACHE®

### SENSIBEAUTICS FOR SENSITIVE SKIN 60 min 270 zł

An enveloping treatment for sensitive, reactive skin with vascular problems that minimizes redness, soothes and increases the tolerance threshold of delicate skin. It brings a feeling of comfort, relaxes and improves skin tone.

### ANTI-POLLUTION ELLA PERFECT RADIANCE 60 min 270 zł

A deeply cleansing treatment that removes impurities of all origins. Reveals a natural glow (glow effect). It restores skin comfort, improves color, the skin is visibly radiant, smooth and perfectly nourished.

## PURLES®

### ACID PEELS 30 min 180 zł

Technologically advanced chemical peels guaranteeing the exfoliation of the highest quality and effectiveness. They are the perfect solution to many facial skin problems. Individually tailored for all skin types, at all ages. As an addition to a cosmetic face treatment 80 – 120 zł

### DIAMOND MICRODERMABRASION + MASK 55 min 250 zł

Mechanical peeling exfoliating the superficial layers of the epidermis. The treatment not only effectively cleanses the skin, but also stimulates its regeneration processes, smooths and refreshes the skin. The face mask is selected individually for the type of skin.

### GROWTH FACTOR 50 min 280 zł

A revitalizing treatment that accelerates the skin reconstruction process, stimulates the synthesis of collagen, elastin and other elements of the intercellular matrix. Perfect for chemical peels, mesotherapy, microdermabrasion or for acne-prone and aging skin.



## HAND CARE TREATMENTS:

SPA TREATMENT FOR HANDS 80 zł  
*(peeling, nourishing mask, paraffin, cream)*

CLASSIC MANICURE 90 zł

HYBRID MANICURE 120 zł

CLASSIC MANICURE + SPA FOR HANDS 170 zł

MINI MANICURE 50 zł

MEN MANICURE 100 zł

## FOOT TREATMENTS:

SPA TREATMENT FOR FEET 100 zł  
*(peeling, nourishing mask, paraffin, cream)*

CLASSIC PEDICURE 130 zł

HYBRID PEDICURE 140 zł

CLASSIC PEDICURE + SPA FOR FEET 230 zł

MINI PEDICURE 50 zł

MEN PEDICURE 100 zł

## DEPILATION AND HENNA:

DEPILATION OF A SELECTED PART OF THE BODY from 40 zł

MUSTACHE OR BEARD 40 zł

DYE OF EYEBROWS OR EYELASHES 60 zł

HENNA OF EYEBROWS OR EYELASHES 50 zł

EYEBROW REGULATION 20 zł

EYEBROW LAMINATION 130 zł

EYELASH LIFTING 130 zł

*Use our professional makeup for every occasion!*

OCCASIONAL MAKEUP – 200 zł

WEDDING MAKEUP – 250 zł



## KLICZKÓW CASTLE

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